



District 105CE March 2024 Newsletter.

The latest news from the District Governor.



Hi everyone, I hope you all had a great Easter and that the Easter Bunnies did not bring you too much chocolate.

Sue and I had our Easter day on Saturday when we were invaded by the family. There were eight adults and six grandchildren. This was all pre planned and we had a great day.

After a lot of planning and preparation we had our convention at Dunston Hall Norwich and thanks to the convention team and



East Anglia New Century Lions for everything you did to make the whole event memorable.



Our International Guest Gary is a remarkable Lion and his achievements both at work and with Lions are truly inspirational.

It was good meeting up again with our Twinning Districts Governors Lion Bruno from France and Lion Kevin from Ireland and Past District Governors

Jean Luc from France and Richard from Belgium.

Overall, the convention went well and thanks for my family for your support on the Saturday evening.



Since convention I have attended Bungay Lions for their club visit and thank you Lion President Jane for your hospitality. I had the privilege of presenting to the club a 50-year certificate and to Lions Malcolm Balls and Stanley Caley both charter members with 50year chevrons and certificates.

Also, to Lion George Eagle a 30-year certificate and chevron. Not forgetting Lion President Jane and PDG Paul Martin both with 25year chevrons and certificates.

The 3-year and 5-year certificates still appear to being well received. All in all, certificates totalling 253 years of service were issued to well-deserved club members. Thank you all for what you have done.

Paul.

Results of the Great Lions Bake Off.



Huge thanks to everybody who supported The Great Lions Bake Off with their home baked and for donating to enjoy the delicious entries!

The competition, which had 13 amazing entries, was judged by Lions Robyn and Richard, Leo Mollie and International Guest PID Gary Anderson (who was very excited to be asked to eat cake!) Unfortunately, our invited guest was taken ill and had to cancel, however he sent his best for the competition, wishing everyone good luck and was keen to know more about Lions.

The results were: -



3rd place Lion Sue Hibbert (New Century Lions) with her chocolate and salted caramel Bundt cake.

2nd place Lion Chris Hibbert (New Century Lions) with his Gleaned Tart.



And the winner in 1st place...



Lion Ann Kirton (Attenborough Lions) with the double choc brownies, made with her young neighbour Kelci.

Together, we raised £165 for LCIF in donations from the Bake Off, so thank you.

**GET READY FOR NEXT YEAR'S CHALLENGE,
WHO KNOWS WHAT IT WILL ENTAIL!**





A load of dodgy characters turned up at Convention this year!

Don't worry, it was just the Host Night dinner. Where everyone was having fun before getting down to the business session on the next day.

Did you miss out this year? Are you ready to join in next year in at Peterborough?

Don't miss out again, be ready to book early and enjoy good fellowship and FUN.



Even the Business Day was fun.



Following my presentation at our convention CE in Norwich, I am writing to you regarding the WaSH (Water and Sanitation Hygiene) project in hand as promised at convention.

One of the projects I have been working on is a WaSH group project regarding a girl's school, Narok Region (Masai Mara) in Kenya.

Sekenani Girls High School is the only high school for girls in this area. The preference is given to the boys to educate them to high school level so that they can get jobs. The girls are married at a young age in exchange for cattle; it's a cultural situation and a vicious cycle.

Sekenani Girls School is more than a school for the girls, it's a safe haven from hard labour, child marriage and female genital mutilation.

This school has primitive water facilities; the water is fetched from the Sekenani River by girls for daily use, although a pipeline has been constructed to provide water and store in three poly tanks. One X 5000 Liters and Two X 10,000 Litres. The school currently is lacking sufficient drinking water. There is no water filtration system in place.

Infrastructure:

There are 8 toilets and 8 washrooms for 900 girls, they have bucket showers, the girls have to walk, at night, from their dormitories to the nearby block of toilets which has no washing facilities. The aim is to provide water facilities in the dormitories.

There are 11 Classrooms (around 81 girls to a classroom) 5 Dormitories, 2 Ablution blocks, 1 Laboratory and 1 office building.

Objectives:

The objectives are to make provision of clean water through rain harvesting through classroom and dormitories roofs and store in newly constructed 3 water storage tanks of 150,000 Litres each.



Water filtration - TWO PAUL stations for rain and river water filtration, therefore providing supply of drinking water.

Sanitation and Hygiene facilities; 40 double ventilated pit toilets (25 girls/ toilet) 10 menstrual hygiene rooms. Hygiene facilities at toilets & hygiene facilities at dormitories. Hygiene training for girls and wastewater treatment.

I attended the Europa Forum in Klagenfurt, Austria 26th-29th October where this project was discussed and planning work has already started to provide Water purification through membrane filters, to harvest rainwater in tanks. Thus, providing water to toilets, menstrual hygiene rooms and much more in the future.

I enclose a detailed account of the project proposal for you to see including the finances workout.

I have discussed the project plans and the financial implications with our CE Cabinet, and I am pleased to say that the Cabinet approves of this project.

The Cabinet approves of £30,000 for this project (total cost being 300,000 Euros) and I ask the clubs for their help and support to raise this amount.

Our International President Patti Hill has also visited the site in Kenya and approves the project.

PDG Ujjal S Kular

PLEASE MAKE PAYMENTS TO OUR TREASURER; LION PAULA MELLOWS

Lions Clubs International 105 CE

Account Number: 00099737, Sort Code: 40 52 40.

Please state 'WaSH ACCOUNT'.

Who else wants to come to the German Multi-District Convention?

Hanover 9th to 12th of May.

OPEN TO ALL

There are already a few of us from District CE going to the German MD Convention, and there is a special offer from our Twin District (which includes Hanover) that 2 or 3 couples can stay with fellow Lions during the Convention.

Flights are still relatively cheap, direct from Heathrow to Hanover multiple times per day, and with this hosting offer, a weekend meeting and getting to know Lions from not only our Twin District 111NH, but all over Germany and beyond, is very affordable.

The official program for the weekend is as follows: -

Friday 10th May: Welcome to Hanover, Workshops, and seminars (approximately a dozen), Panel Discussion, Music Competition, Young Ambassador Competition, with a "Get Together" in the evening. NB

some of these are on at the same time, but you can choose which, if any, you want to attend.

Saturday 11th May: Ceremony, Multiple District Convention plenary session, Gala Evening and then Leo's disco from 11pm (if you can stand the pace)

Sunday 12th May: Religious Service, Farewell

In addition, there are all sorts of other events for visitors, including various walks through the city, sightseeing in a vintage bus, visit to the Herrenhäuser baroque gardens that won the European Garden Prize in 2015, various Art Museums (Sprengel Museum "Pablo Picasso/Max Beckmann" and "Wilhelm Busch Museum"), open air Jazz, a visit to the Zoo and a tour of a wine (Sekt – like champagne, but German) cellar, with tasting. And there are lots of bars for you to relax in and mix with Lions from all over Germany and the rest of the world.

There may also be opportunities to provide service during your visit or stay for a few days before or after the weekend, probably in a hotel, but it's up to you and your hosts to decide.

There is even a 2-day travel pass on all public transport for only €8.

And if all the hosting places are gone, hotel rooms start at €70 per night. That's where I have booked, so will see you there?

Don't forget your Duty Free on the way home!

I am trying to organise a trip to the Normandie Beaches, the dates we have decided on are Thursday the 19th, 20th, 21st, and 22nd. Returning home on the 23rd of September. If anyone is interested in going, could they please contact me to let me know if you are interested in going. twinning@lions105ce.org.uk

[voyage Normandie in english.docx](#)
[wettransfer.com](#)



Lion Theresa Walker
Twinning Officer



ROAR 2024 LAUNCH



#lionsandkidzroar

- 134 Schools entered ROAR last year with 66 Lions Clubs involved
- 100,000 children have been engaged with the Lions ROAR Competition
- Have you seen the trailer? Visit www.lions-roar.com/lions-clubs



You can be part of ROAR 2024, an exciting, innovative ideas competition for primary schools. It's an inspirational and fun learning experience for children aged 7 to 11, encouraging them to use their imagination to create 'world changing ideas', it helps them to 'think big and dream big'.

Be part of the growing number of Lions Clubs who have discovered how rewarding the ROAR programme is. Join Steve Scall and Viv Diggins on Zoom on the following dates:

Club members - 4 and 10 April 2024

Zoom meetings - 7.15 pm for a 7.30 pm start - finishing at 8.30 pm

If you're able to attend, please send confirmation to Steve Scall stevescall@gmail.com or Viv Diggins diggins2000@hotmail.com

Join through the Zoom link below:

<https://us06web.zoom.us/j/8293744613?pwd=NC9KQIR3ZkZBRmZDa0NQQWVlelpQZz09&omn=88599298774>

Meeting ID: 829 374 4613

Passcode: 154509

THE LONG AWAITED LIONS PORTAL

I am pleased to be able to inform you that the new Lions Portal will begin to go live on 15 April 2024. Registered users will receive an email, on a rolling basis, informing them when and how to access the new system.

WHAT YOU NEED TO DO NOW

It is important that all club secretaries ensure that member entries on MyLCI are up to date. It is particularly important to ensure that dates of birth and email addresses are correct. It should be noted that users will need a unique and unshared email and that phone numbers will no longer be supported as a log in credential.

THE PROCESS

From 12 April MyLion and MyLCI will no longer be accessible.

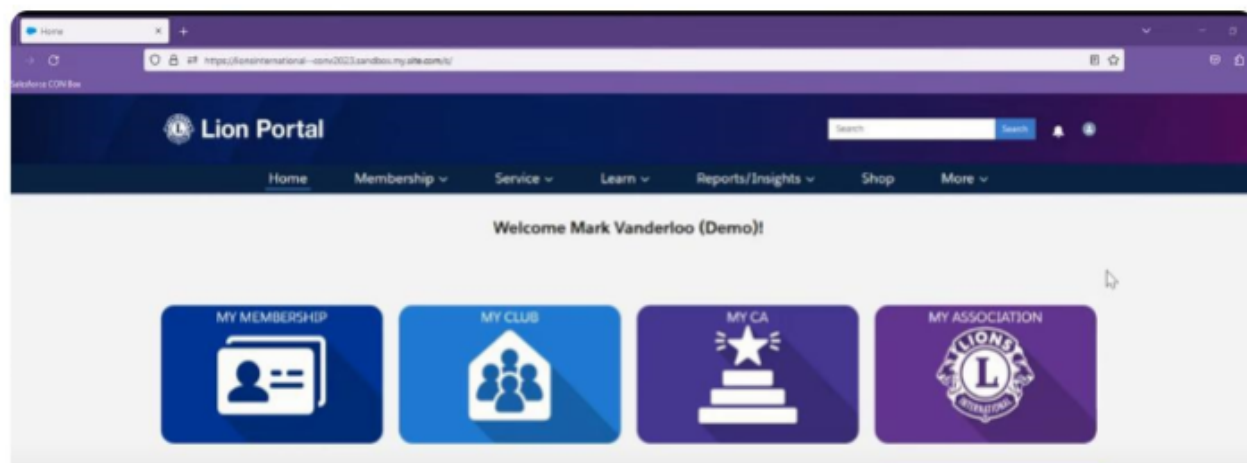
Between 15 April and 13 May registered users will receive an email from LCI inviting them to register on the new system – instructions of how to do this will be included in the email.

After 13 May anyone trying to access the old system will be automatically redirected to the new portal.

WHAT YOU CAN DO TO PREPARE

There is a series of short videos that you can look at to familiarise yourself with the look of the new set up and how it will work. If you click on the following link it should take you to videos which are clearly labelled as to what they cover [Lion Portal - YouTube](#)

This is what your page will look like



Lions Clubs International

MD105 British Isles



Lions Clubs International, 257 Alcester Road South, Kings Heath, Birmingham, B14 6DT

MD Officer Positions 2024-25

Applications are invited for the following posts listed below that will be available to commence in the new Lionistic year 2024-25.

Council and Vice Council will consider all applications and requests to remain in post during the May Council meeting and will advise you shortly after Council of their decision

- MD Diabetes Officer
- MD Prostate Cancer Officer
- MD Compliance Officer
- MD Deputy Council Treasurer
- MD Lion Magazine Committee member
- MD Medic Alert Officer
- MD Childhood Cancer Officer
- MD Lions Brain Tumour Research Officer
- MD Young Ambassador
- MD International Convention Committee member
- MD Personal Hygiene Officer
- MD New Voices Officer
- MD Environment Officer
- MD Youth Exchange Officer
- MD ROAR Officer (appointment January 2025)

If you would like to apply for any of the posts shown below please request an application form by email to brigitte@lionsclubs.co.uk, the closing date for applications will be 21st April 2024



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Welcome to the second Newsletter for the 2024 MD105 Convention

To my Fellow Lions & LEOs.

I really hope that you are looking forward to attending our Multiple District Convention taking place over the weekend of 3rd to 5th of May in Weston-super-Mare. This is our AGM, our opportunity to vote on our resolutions and to hear of the fantastic work and the future plans we have, by the great Lions of the British Isles.

It's also an opportunity to experience the great hospitality that the South West can offer and to meet up with friends old and new.

Your Council of Governors sincerely look forward to seeing you all in Weston-super-Mare.

David Pope
Council Chair 2023/24



Special Guest - DAVID EVANGELISTA

Special Olympics - Regional President & Managing Director, Europe Eurasia

David Evangelista is responsible for the growth and development of the Special Olympics movement throughout 58 nations across Western Europe, Central and Eastern Europe and Central Asia. David has extensive global experience in the areas of government relations, policy development, global and inclusive development programming in support of marginalized populations. David has served as a guest speaker for the United Nations, the European Union, national governments, and a number of civil society organisations on issues related to inclusive development, disability, and global affairs.



David has a Bachelor's degree (B.A.) degree in International Relations from American University's School of International Service in Washington, DC and a Masters degree in International Business from IESIDE in Vigo, Spain. David is a former member of the High Level Group on Sport Diplomacy of the European Commission, a founding member of the Sports Integrity Global Alliance (SIGA), a member of the Advisory Board of Access Challenge, and a current member of the Center for Sport and Human Rights. He is also a long-standing member of Lions Clubs International and a Lions Clubs International Progressive Melvin Jones Fellow.

Special Guest - TERESA DINEEN

Past International Director

Teresa Dineen, from Ballinhassig, County Cork is a member of Cork Lions Club and was elected to serve a two-year term as International Director of Lions Clubs International at the association's 103rd International Convention, June 25 through June 29, 2021. This term finished in July 2023 but on the invitation of our current International, President, Dr. Patti Hill, Teresa continues to serve on the Board of Trustees of LCI as an International Presidential Board Appointee, for the current year of 2023/2024 sitting on committees in both LCI and LCIIF. Teresa is very proud and humbled to be a



Representative on the Board and continues to bring and gain invaluable experience from this role.

She has been a member of the Cork Lions Club since 2007 and was her club's first female President. Teresa has held a number of offices within the Association including Team Leader for District projects, District Governor, District GST Co-ordinator and District New Voices Co-ordinator. Teresa's motto during her term as first District Governor of District 133

"TEAM" defines her leadership and passion for service, "Together we must Empower, Assist and Mentor one another."

Teresa's priority is her family which includes, her partner Declan, three children and eight grandchildren. She enjoys nothing more than spending time with them. She is an avid reader, gardener, yoga enthusiast and keen hillwalker.

To book for Convention please use the link to the Convention website <https://www.md106convention.uk/index.html>

A selection of some of the best things to do in Weston-Super-Mare. HAVE A FUN TRIP!

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The Grand Pier

The Grand Pier is easily Weston-Super-Mare's most familiar and well-known spots in the town. With a cosy indoor-fairground and daily events in the summer months, it's one of the best things to do in Weston-Super-Mare whilst you stroll the shore.



A mix of fun, cheesy and totally kitsch seaside vibes, you'll get to see tribute acts like Queen, and also heaps of rides for the whole family to enjoy. From the cutest little roller coaster to the Formula One simulator, you'll be in for a treat.

Whilst here, grab a treat to eat at one of the Grand Pier's foodie spots, like; the Donut Factory for their fluffy ring doughnuts. Oh, and before you leave don't forget to check out the Museum of Memories, where you'll be transported way-back-when through memorable foods, toys and tv shows plenty of good entertainment to enjoy.

Weston-super-Mare Beach

Weston-Super-Mare Beach is a firm favourite on a sunny day! With a huge area of sandy goodness, it's perfect for traditional seaside chillout right on the shoreline. Plus, the water is quite calm for a little dip, too. Though always remember that the tidal range in Weston-Super-Mare is extreme, this means the water can go out quite significantly, exposing boggy areas of the shore.

These can be dangerous as you can get stuck. Always explore with caution and remember the tide comes in very fast. Afterwards, take a walk down the pier and try your luck on the penny drops, slot machines and soft toy grabbers. Also, if you're wanting to avoid the crowds around the Grand Pier, take a stroll or drive over to Breaun Beach. It's huge and just as stunning.



Mendip Hills

Nestled just east of Weston-Super-Mare, the Mendip Hills is one of Britain's most beautiful natural landscapes to explore. With its picturesque limestone hills, the Mendips was officially declared an Area Of Outstanding Natural Beauty and perfect to visit for a day trip. Not only that, the caves are where the oldest complete human skeleton was found in Britain, the Cheddar Man (who is over 9,000 years old).

Don't forget to stop in the little tea rooms (for some scones and tea) and buy some cave-aged cheddar cheese (from the Cheddar Gorge Cheese Company) whilst you're here! We loved it.



Afterwards, stop by for a little gander in Axbridge – a tiny market town that's just shy of the Mendip Hills itself. Here, you can stroll the centuries-old streets, visit King John's Hunting Lodge and pop into the Oakhouse for a yummy lunch and tippie.




Thanks to the help of the Lions of the British Isles and the support from Lions Clubs International Foundation, much has already been done over the last 25 years. This project started to rebuild a devastated Country, but, it doesn't end there, there is still a lot more that needs to be done. Please let us continue with the work we have started.

Your Gift for Living Project needs your foreign notes and coins...

Have you returned from holiday with unwanted currency or got old foreign coins and notes hidden away in the back of a drawer?

Only a few of us ever change the money back into sterling. The rest, sometimes it sits in a drawer, in all probability that the cash will be forgotten. If you arrive home with coins and notes you could avoid to donate, why please send them to MD105 where they will be collected and forwarded to a specialist dealer.

ALL PROCEEDS WILL GO TO GIFT FOR LIVING.

We can accept any currency, including UK, postage and notes and even old and damaged pre-war currencies such as old Spanish pesetas or Czech crowns.

You can download a foreign currency recycling poster from the Gift for Living website to arrange a collection at your local school, college, church or workplace.

And, if you manage to collect postage weighing over 5kg - that is about the mugs full - we can arrange to collect it from you. Contact MD105 on the 0245 833 9922 or Email: info@md105.co.uk

Lions Clubs International
MD105 British Isles
Tel: 0245 833 9922
Email: info@md105.co.uk
www.lionsclubsinternational.org.uk
Lions Clubs International A Gift for Living Charity Reg. No. 1047818

BOOK NOW - Use the link to the Convention website <https://www.md106convention.uk/index.html>



Help for Lincoln Lions from the Lincolnshire Poacher.

Here are our Easter Hamper winners! Overall, we raised £200 for Lions club Lincoln, we'd like to thank you all for your contributions and support in raising money for charity!

Stay tuned for more opportunities to win! 🏆
[#thelincolnshirepoacher](#) [#lionsclub](#)



Clacton on Sea Lions News March 2024



The defibrillators that we have placed in Clacton on Sea and Holland on Sea are used more often than we expected, and sometimes take a while to be returned. For some months now two of the ones we supplied to sites in Clacton had gone AWOL and despite many enquiries, we drew a blank. Thanks to the intervention of our local MP. Giles Watling, they have now been replaced. The East of England Ambulance Service NHS Trust were very impressed with all the fundraising we had done to purchase and install these defibrillators, and decided to donate two new ones to replace them. IPP Lion Keith Blower, our Welfare Chairman Lion Andrew Johnston and Lion Peter Luckhurst collected them. We are very grateful to the Trust and MP Giles Watling for helping us replace these life-saving items.



Like many other Clubs in the district, members of Clacton Lions Club donned the bright yellow tabards and silly hats to support this very worthy cause. We collected in Morrisons Waterglade Clacton for 1 day, and then Morrisons Little Clacton for 2 days. We all enjoy collecting for this very



worthwhile Charity and raised the staggering amount of £1,400 for the three days.



It has been a while since we held a Quiz Night since our Quizmaster retired, but our members do love a quiz and have been supporting other charities by attending them in Holland on Sea. After the last one we approached the quizmaster team Paul and Mel (who used to be regulars at our auctions) and the Holland Public Hall booking agent. Thanks to social media it was fully booked within 2 days of advertising for

Saturday 9th March. We had a full house on the night and all present expressed how much they enjoyed it. The team who scored the most won a bottle of wine each, the team with the lowest score won a Lion bar each. The evening boosted Club funds by £270 and we have been asked to organise more.

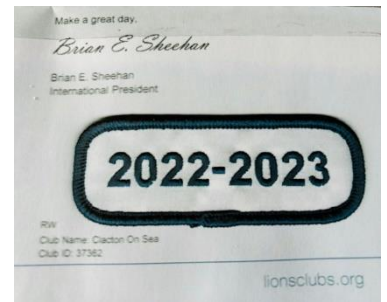




Each year we make up 3 Easter Egg Hampers and take them to our local Asda store to raffle. It is a very popular event with both the members and the general public. This year it felt more like Winter in the Asda draft tunnel (aka the foyer) but our members wrapped up well and braved the cold. Ticket sales exceeded our expectations, making us just over £1,000 profit. Thank you, Liz and Lorraine M, for making up these hampers and the local Brownies group who thought of us

when they were offered the wicker hampers at a discounted price. Store Manager Dave picked the winning tickets on Saturday 23rd March and the hampers were personally delivered to the winners the following day by fundraising Chairman Steve and Lion President Paula.

IPP Lion Keith was surprised when he was presented with a Membership Satisfaction Award patch from Oak Brook, 'for the efforts that the Club demonstrated to recruit new members while providing exceptional value to the current ones. This was for the fiscal year 2022 – 2023 when he was the President of our Club. It will be placed below the Membership Satisfaction Banner patch that the Club was awarded the previous year (during Lion Alan Mercer's Presidency).



This month's Lion in the Limelight award was given by Lion President Paula to Lions Mags and Alan Horton. They both support our fundraising events, collect used spectacles from local outlets and actively promote the work that we do in Brightlingsea. (Mags also bakes amazing cakes and pasties) Well Done Mags and Alan.



City of Southend Lions Club.



Lion Nigel Folkard, welfare Chair of the City of Southend Lions Club, presenting a cheque for £300 to the Scouts, also presenting a £200 cheque to Emma Wagstaff Creative. Learning Manager to sponsor the summer youth project in the Adam's Family Show.



We Presented Carl Willet the manager of McDonalds in Southend High Street with a Bled Control Kit, A further kit was also presented to the other McDonalds in Southend.

Eastwood Lions support schools Collective Social Responsibility (CSR) Program.

Edwards Hall School contacted Eastwood Lion Gary Fisher, our Community Officer, requesting support for their CSR project which aims to strengthen the schools and children's social and environmental responsibility.

We of course were very pleased to do so and were happy to donate £300.00 to the school to further the project.

Eastwood Lion President Eric is pictured presenting the cheque to Deputy Head Teacher Lyn Campbell together with children involved in the program.

Eastwood Lion Brian Stanbridge was behind the camera taking the pictures!

We plan to revisit the school garden in the summer months to view the children's progress in the project.



Spalding Lions Club.



Our year has started with a Burns Night which was held at the South Holland Centre in Spalding.

This was supported really well and those who attended enjoyed a traditional Burns Night including a Piper who played us into dinner and then piped in the haggis with a toast to Robbie Burns.

Thanks must go to Rachael and her team at Clark Catering from Morton for the delicious meal, Vikki and the ladies for the lovely table flowers, Hugh our fabulous Piper and of course Alistair, Wall of Sound for encouraging our guests to get up onto the dance floor with his Disco. 🐾



WHAT HAS YOUR CLUB BEEN UP TO? WHAT WILL YOU BE DOING?

SHARE YOUR PASSION. SEND US SOME PHOTOGRAPHS.

SEND IN YOUR INSPIRATIONAL QUOTE, JUST ONE COULD MAKE A DIFFERENCE TO SOMEONE.

WE WOULD LOVE TO HEAR FROM YOU.



Diabetes Diary Dates for 2024

Living with diabetes day - Norwich

Diabetes UK together with Norfolk and Waveney Integrated care board welcomes you to join us for an education and awareness day.

By Diabetes UK and Norfolk & Waveney ICB

Date and time

Tue, 16 Apr 2024 10:00 - 16:30 BST

Venue

The Nest

Holt Road Horsford NR10 3AQ

<https://norwichdiabetesukevent.eventbrite.co.uk/>

Dates for your diary.

- 10th to 16th June 2024. World Diabetes Week.
- 7th to 13th October 2024. Hypo Awareness Week.

For further information please email on gstdiabetes@lions105ce.org

Or go to [Diabetes UK - Know diabetes. Fight diabetes. | Diabetes UK](#)

Learn more [Learning Zone - Discover more about your diabetes. | Learning Zone](#)

Inspirational quotes.

We would like to invite you to share your favourite inspirational quotes with us. It could be a quote that has helped you through tough times or one that has inspired you to achieve your goals. We welcome quotes from all walks of life, and from people of all ages.

Send your favourite quote to editor@lions105ce.org.uk

We look forward to hearing from you and sharing your words of wisdom and wit with our Lions family.

Thanks to PDG Steve Scall for this input.

- 1. Do it with passion or not at all.**
- 2. Broken Crayons still colour**
- 3. Whatever you are, be a good one. *Abraham Lincoln***
- 4. Take the risk or lose the chance**
- 5. We can do anything we want to if we stick at it long enough *Helen Keller***



LIONS BRAIN TUMOUR RESEARCH APPEAL AROUND GB IN 10 DAYS ONLINE VIRTUAL BALLOON RACE

Guide to purchasing a balloon or balloons.

CLICK link or **SCAN** QR code on poster, Facebook Page, or Website.

ENTER

Your name

Contact email

Nickname for your balloon.

CHOOSE BALLOON COLOUR from dropdown box.

Continue to scroll down this list to **CHOOSE** a shape of your balloon.

ADD a message or dedication.

CLICK CREATE BALLOON

You can register more than one balloon before paying.

Pay with Card

Enter Card number MM/YY CVC number from
back of card.

DO NOT FORGET TO PUT IN **POST CODE** AFTER
CVC, or payment will not be taken from your bank.

THANK YOU AND GOOD LUCK.



LIONS CLUBS INTERNATIONAL
MD105 INVITE YOU TO TAKE PART
IN THEIR ONLINE

**AROUND GREAT
BRITAIN IN 10 DAYS
BALLOON
RACE**

**VIRTUAL RACE =
ENVIRONMENTALLY
FRIENDLY!**

TO RAISE FUNDS FOR THE LIONS
BRAIN TUMOUR RESEARCH APPEAL

£5 PER BALLOON
WWW.BALLOONRACE.NET/LIONS

1ST PRIZE £100 2ND PRIZE £50
3RD PRIZE £30 + 7 RUNNERS UP PRIZES

Race launches at MD Convention on Sunday 5th
May and ends on Wednesday 15th May



SCAN ME

Find us on 



Charity number 1181428

Chelmsford Lions Club



QUIZ NIGHT

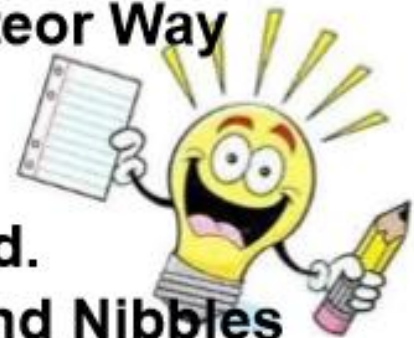
Saturday 6th April 2024

7.00 for 7:30pm

**CYGAMS Building, Meteor Way
Chelmsford**

£10-00p per head.

**Bring your own Drinks and Nibbles
Teams of 4 - 8 people**



To book in call:- Bob - 01245 473997
Or email: robert.page94@yahoo.co.uk

Proceeds to Motor Neurone Disease

The Lions Club Of Felixstowe

Family Fun Dog Show



Sunday 19th May 2024



1pm - 5pm

Trimley Sports & Social Club

IP11 0RJ

Fun & Games for all the family
Refreshments / BBQ / Stalls



CELEBRATE YOUR BEST FRIEND

For more info / register your dog

Call : 07484317753 / 07570110660





BOURNE LIONS CLUB

Bourne Lions Club Charitable Trust Fund. Registered Charity No. 1077290



Fun Day

SUNDAY 7TH JULY 2024

10 AM to 4 PM, RECREATION GROUND, BOURNE

Fun for all the Family

**Funfair – Music - Displays - Stalls - Food –
Bar - Dog Show - Car Boot
Plus much more**

Further Information on both our website

www.bournelions.org

and our **Facebook** page (Bourne & District Lions Club)

ADMISSION IS FREE TO ALL



GLOBAL
LIONS
CHARITY
UNIQUE
WE SERVE
DIGNITY
LOCAL
SKILLS
LEADERSHIP
FRIENDSHIP
HOPE
DIVERSITY
INTERNATIONAL
DISTRICT
RESPECT
SOCIAL
INSPIRE
INCLUSION
HELP
DEVELOP
IMPACT

The results for last month's wordsearch, plus a few anagrams for you to solve. Thanks to Lion Chloe.

1. OLGLBA
2. NLISO
3. HTCIARY
4. NEUUIQ
5. ESVRE
6. TGNIDIY
7. ACLOL
8. SILSKL
9. ERPELIHSDA
10. IEPDSFIRNH
11. EHOP
12. IESRDVYIT
13. LTAINOERNTNAI
14. TSCTDRII
15. EORESTC
16. OSALIC
17. ESPIRNI
18. LNOUICNSI
19. PLHE
20. EOEPDVL

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